

SEVERN RIVER SHARKS – 2011

WELCOME – new Severn River Shark families and welcome back to our returning families. **We are LIVE on the WEB site for REGISTRATION!** Sorry for the delay, but we had to perfect the sight. If you have comments about the new process, please let me know.

The Severn River Sharks are competing in the Severn Division of the GASL. The Greater Annapolis Swim League is local so we will not be driving more than a 10 mile radius away. We also will not be using the swim blocks as not all the pools have this capability ☺. Bonus: the longest distance is 50 yards (no more 100 yard events) except for individual medley. GASL also uses Meet Manager which we started using two years ago, which provides program seeding and will allow for “real time” posting of swimmers results.

Coaches

Head Coach – Mike McTammany

Assistant Coach – Laura Biegel

Junior Coaches -- Anastasia Ostrowski, Matt Dell

Swim Team Apparel

Uglies Tango suit for girls (still available at Metro Swim Shop in larger sizes) and Navy blue jams for boys (Metro Swim shop). **Metro will be at the pool on June 6th** for fitting and sales of suits. If your child outgrew last year’s suit, bring it for a swap that afternoon with other families.

Communication

Handbook – Contact Info & Meet Schedule (all online). We have to type in the handbook because there are no saved copies! Any volunteers for typing this?

Website – www.severnriverclub.com

Registration -- is ONLINE! The link can be found through the website.

Volunteer sign up—is ONLINE! Remember this is required. Meets are run by parents and you must sign up for each meet!

Payment will be online by e-check or credit card.

E-mail – This will be our main form of communication this year. You will receive weekly blasts about practices, meets, etc. We also have the capability of sending text messages if inclement weather is occurring or sudden changes. Head coach Mike McTammany, is also accessible via his e-mail for your concerns. Please do not use e-mail to notify coach of changes to your child’s schedule less than 24 hours before the meet. You must contact him by phone!

Team Contacts

If you have additional suggestions, questions, complaints or comments, please feel free to speak with the coaches, Board of League Representative any time during the season. It is our goal to provide a season full of great memories for parents and swimmers alike.

SRSC Board Rep. Sarah C. Jamieson (scjamieson@verizon.net)

GASL Rep. Sarah C. Jamieson (same)

Head Coach Mike McTammany h 410-360-2812 cell 410-241-794, mikemct@hotmail.com

The Severn River Sharks is a competitive swim team. The swimmers train to prepare for the dual meets. Keep in mind that sound swimming strokes and techniques are not learned at the same rate by each child no in a matter of a few days. Patience and

constructive encouragement go a long way towards boosting morale. The main goal of summer swimming will be FUN!!

Remember, the coach's job is to supervise the entire swimming program; and therefore, he must be in charge. Coach Mike will make the final decision as to which events each swimmer will enter in a dual meet, but he is happy to address any concerns you might have prior to the meet. If your child is desperate to swim a certain stroke or is averse to a certain stroke, you can let the coach know now when you register on line! The coaches try to work with the parents and children as much as feasibly possible. Swimming is an individual sport yet also a team sport and the coach has the greatest understanding of how each swimmer's performance benefits the team! Also, the coaches will remove your child from practice if he or she becomes too disruptive. If you have any questions or complaints relating to your child, contact one of the coaches directly.

Attendance:

We have a policy of attending 3 meets to qualify for an award. We have listed the meets on the web site registration site where you can let us know if you will be away for these meets. The post swim season award/novice meets are not listed yet. There will be no practice meet this year as the 1st meet is June 11th! Attending practices is important for improvement. Please speak with Coach Mike or Laura if you have conflicts.

Practice Schedule:

After School: Mon.-Thu., 5/31-6/9

3:30 to 4:30 for grades 6 and up

4:15 to 5:00 for grades 3-5

4:45 to 5:30 for grades 2 and under

Mornings: Mon.-Fri., starting 6/15

8:00 to 9:00 for mainly 11&12's

9:00 to 9:45 for mainly 9&10's

9:45 to 10:30 for 8 and unders

10:30 to 11:30 for 13 & overs

Social:

We will resume Friday AM Shark Bites post practices. Schedule will be posted shortly on the web site or through an email blast from the social committee.

T SHIRT:

Marissa Hand has asked to design the shirt this year. It is optional, but has always been a favorite. You can buy one for the children and for adults if you like this year when you register your child. Cost is 10\$.

AAU:

We have always had AAU insurance. The fee is 12\$/child and unfortunately must be added into our fee this year. This is required to participate in the league.